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What to Look for When Selecting a Dementia or Alzheimer's Care Center

What was your feeling when you toured the center?

Was there activity in the main lounge?

Was mealtime in the dining area pleasant?

Were residents using the activity rooms?

Were residents using the exercise facilities?

Was there activity in the library or other common areas?

Are carpets and furniture clean?

Are amenities operating?

Is the center clean and free of odor?

Was staff friendly and respectful?

Did staff know residents by name?

Other observations you feel are important?

Is the management staff experienced? Effective? Friendly? Personable?

How long has the center been in operation?

Does the center have a good reputation in the local community?

Your thoughts and feelings about your visit:

Are These Services Available?

- Activities (*type and how frequently offered*). Ask to see a schedule of Activities.
- Physical, occupational, and speech therapy
- Social activities such as crafts, music, movies, community projects
- Meals that are nutritious and served in an attractive manner
- Support and assistance with activities of daily living such as bathing, eating, dressing, and grooming
- Activities planned around older adults' favorite hobbies and interests
- Opportunities for education
- Fellowship in one-on-one settings or in group settings
- Exercise programs, including recreational activities
- Medically related services provided by health-care professionals, including registered nurses and therapists.
- General and social activities provided by social workers and other staff workers.
- Emergency call system
- Staff available 24 hours a day
- Security System